

## Participant Information

**Title:** Burnout and Pacific doctors post-COVID 19: prevalence, risk factors and prevention strategies  
**College Human Health Research Ethics Committee (CHHREC) CHHREC ID: 117.22**

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Please make sure you read all the pages of this information package.

### 1. Your Consent

This Participant Information contains detailed information about the study. If you wish to participate in this study you will need to sign the Consent Form. By signing the Consent Form, you indicate that you understand the information and that you give your consent to participate in the study.

### 2. Purpose and Background

Essentially the project aims to assess and determine the prevalence, demographics and risk factors associated with burnout amongst PIC doctors since COVID-19. Through focus group discussions, it's anticipated that the role of COVID-19 and appropriate interventions will be identified to address physician burnout in PICs.

### 3. Procedures

Participation in this project will include answering questions about your demographic details and burnout assessment. Burn-out is a syndrome conceptualized as resulting from chronic workplace stress that has not been successfully managed. It is characterized by three dimensions:

- feelings of energy depletion or exhaustion;
- increased mental distance from one's job, or feelings of negativism or cynicism related to one's job; and
- reduced professional efficacy.

### 4. Possible Benefits/Risks

We will provide you with the result of your general health questionnaire, if you would like this information. There are no known risks, side effects or discomforts as a result of participating in this study.

### 5. Participation is Voluntary

Participation in this research study is voluntary. If you do not wish to take part you are not obliged to. If you decide to take part and later change your mind, you are free to withdraw from the study at any stage with no adverse consequences for you.

### 6. Ethical Guidelines

This project will be carried out according to the CMNHS Health Research Ethics Committee (CHREC) Health Research Ethics Guidelines and the statement has been developed to protect the interests of the people who agree to participate in research studies.

**Contact:** Research Office at Fiji National University

Telephone	+679 3394000
Email	<a href="mailto:CMNHS-RO@fnu.ac.fj">CMNHS-RO@fnu.ac.fj</a>

## Participant Consent Form

**Full Project Title:** Burnout and Pacific doctors post-COVID 19: prevalence, risk factors and prevention strategies

1. I have read the information sheet for this project and understand its contents.
2. I understand that if I am agreeing to participate in an interview. This interview will be recorded by filling in the online questionnaire and may take up to 30 minutes
3. The interview will involve questions about demographic details and burnout assessments and some of the questions a personal.
4. I understand that while information gained during the research project may be published in a report, academic journals or books, my name and position title will not be used unless I explicitly indicate that I am willing to be identified when quoted.
5. I understand that any personal, sensitive or potentially incriminating information will be kept confidential so far as the law allows. I should avoid disclosing information which is of confidential status or which is defamatory of any person or organisation.
6. This form and any other data collected throughout the duration of the online survey will be stored separately in a locked office at the Researchers school for analysis and safe storage.
7. I understand that I may withdraw from the research project at any stage, without providing any reason and that this will not have any adverse consequences for me.

If I withdraw, the information I provide will not be used by the project.

I consent to this interview     Yes     No

I (participants name) ..... (Please print) consent to take part in this project.

Signed ..... Date .....