Models of Art in Mental Health in the Asia Pacific

Session 1: China

Chair: Dr Takeshima, Director, National Centre for Neuroscience and Psychiatry, Japan

Belated Talk

Predicament of the Raw Art of people with mental illness in China

迟到的对话/中国精神病人原生艺术的困境
By Guo Haiping 主讲: 郭海平
1. Significance of the raw art of people with mental illness

- Psychological value
  心理学价值
- Artistic value
  艺术价值
- Helpful for recognizing the individual value of the mentally ill
  有助于肯定精神病人个人价值
- Helpful for recognizing the social value of the mentally ill
  有助于肯定精神病人社会价值

2. Art in the treatment of the mental illness

- In the low level of entertainment aesthetics
  停留在低级水平的娱乐审美
- Require the patient with the aesthetic criterion for the normal people
  用常人的审美标准要求病人
- Neglect the individual inner world of the patient
  忽视属于病人个人的精神世界
- Difficult to get the raw art works from the mental patients
  获得原生艺术作品十分艰难
3. Difficulties of promoting the art of people with mental illness in China

发展阶段精神病人原生艺术的困难

- Establishing the Department of Art Analysis in 1989
  1989年组建“艺术分析部”
- Going to the mental hospital in 2006
  2006年进入精神病院

Studio of mental hospital 精神病院的绘画室
Demented Art published in China in 2007
2007年出版《疯狂的艺术》

Failure of establishing the art studio in hospital in 2008
2008年建“艺术病房”失败

Establishing Nanjing Nature Art Center in 2010
2010年建南京原形艺术中心
4. Improving the mental health by art is applicable in China

用艺术提升精神健康意识符合中国国情

- Chinese idiom: hiding sickness for fear of treatment, and changing the original title of the hospital for psychosis into the mental hospital
  中国成语“讳疾忌医”, 改“精神病院”为“脑科医院”

- The rational language cannot substitute the art language
  抽象文字不能替代艺术语言

- Art is an ideal inter-media for linking consciousness and sub-consciousness, rationality and irrationality, and individual, nature and society.
  艺术是连接意识与潜意识、理性与非理性、个人与自然与社会的理所中介
Thanks