



**AAMH**  
Asia Australia Mental Health

## Partnerships for Community Mental Health

Part 2 – Chair: A/Professor Chee Ng

### Japan

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National Institute of Mental Health*

St Vincent's  
Continuing the Mission of  
the Sisters of Charity

Asialink  
The University of Melbourne

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MELBOURNE

Australian Government  
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Australian Government  
Department of Health and Ageing

## Community mental health promotion in Japan

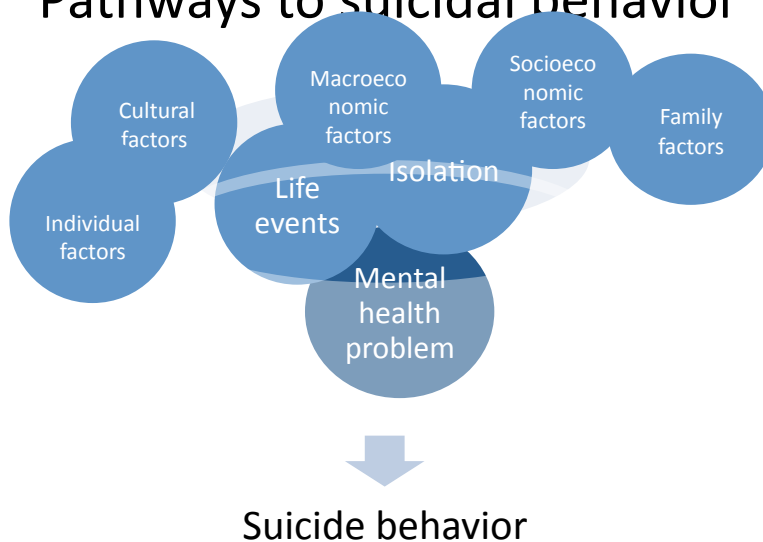
- Effort to propose effective suicide prevention measures  
to the Japanese Government-

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1) Department of mental health policy and evaluation  
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National Center of Neurology and Psychiatry

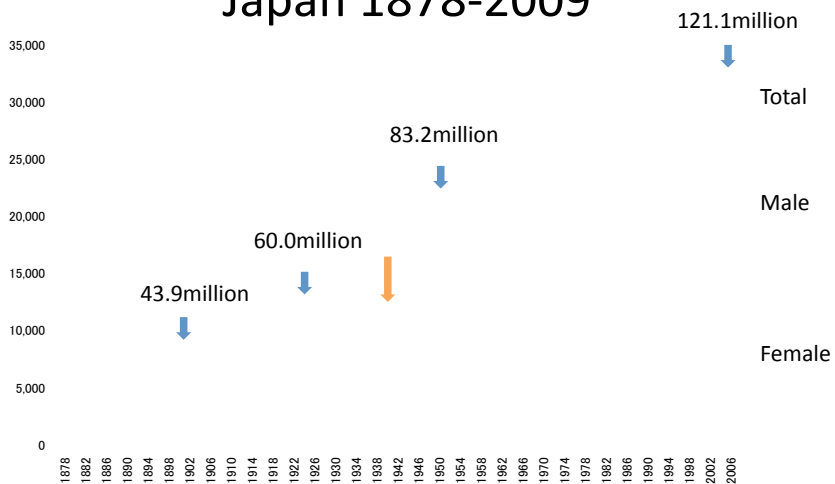
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- Risk factors for suicide
- Suicide in Japan
- Development of suicide prevention measures in Japan
- Macroscopic aspects of mental health in Japan
- Aim and process of our effort
- Plans for the future expansion or development of this initiative

## Pathways to suicidal behavior

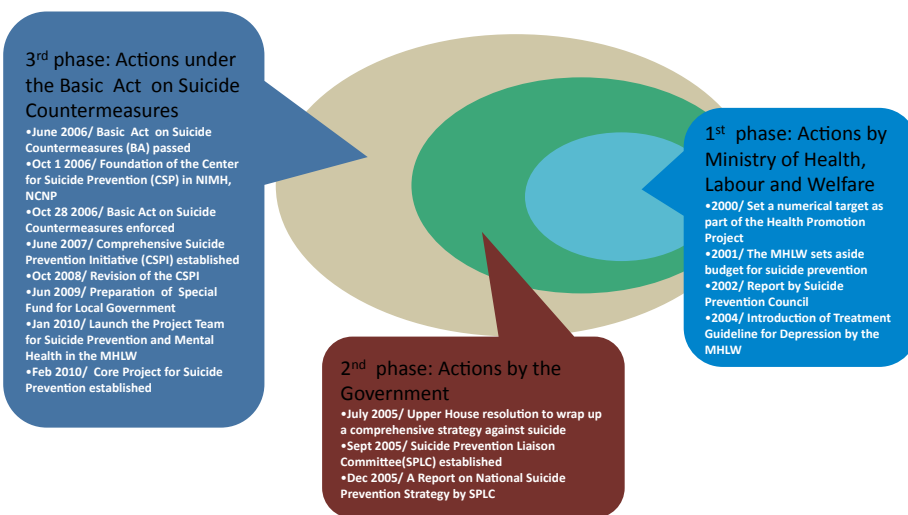


## Transition of the number of suicides in Japan 1878-2009



明治11年～明治31年：内閣統計局編「日本帝国統計年鑑（中村隆英復刻版監修）」  
 明治32年～平成20年：厚生労働省 大臣官房統計情報部

## Developmental stages of suicide prevention efforts in Japan

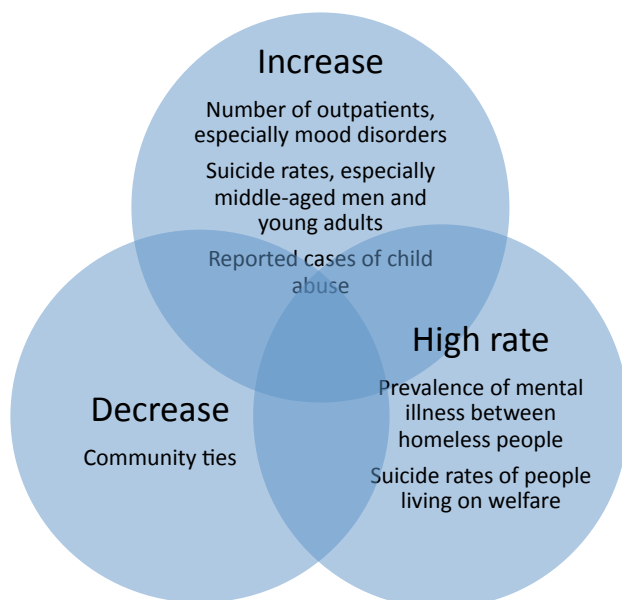


## Suicide prevention measures by the local governments -Prefectures and Megacities-

Time of Investigation (number of Prefectures and Megacities)	Dec, 2002 (58)	Mar, 2008 (64)	Apr, 2009 (65)	Apr, 2010 (66)
Cross-sectional network in the government	—	37 (57.8%)	45 (70.3%)	51 (77.3%)
Suicide Prevention Committee	6 (10.2%)	61 (95.3%)	64 (98.5%)	64 (97.0%)
Budget for suicide Prevention	8 (13.6%)	63 (98.4%)	65 (100.0%)	65 (98.5%)

Enactment of the BA on Oct 2006

## Macroscopic aspects of mental health in Japan



## Aim and process of our effort

- Aim: make a proposal for the revision of the CSPI to strengthen community mental health promotion with the societies

2011 Mar: held a conference with the societies  
 2011 May: set up a working group to make drafts  
 2011 Jun: asked each society for proposal  
 2011 Sep: announced first draft of proposal  
 2011 Dec: announce second draft of proposal to ask public comment  
 2012 Jan: discuss with experts from WHO and so on

## First draft of the Proposal for the revision of the CSPI

### First draft of the Proposal for the revision of the CSPI

- Executive summary
- Preface
- Request for the revision of the CSPI
- Towards Evidence-based Suicide Prevention Programmes in Japan
- Process to complete the draft
- Proposal of each society

Japan Suicide Prevention Association, Japanese Society of Mood Disorders, Japanese Society of Clinical Neuropsychopharmacology, Japanese Society of Psychiatric Research on Alcohol, The Japanese Society of Sleep Research, Japanese Society of Emergency Medicine, Japanese Association for Acute Medicine, Japan Association for Occupational Health, Japanese Society of Psychosomatic Medicine, Japanese Association of Student Counseling, The Japanese Association for Emergency Psychiatry, Japanese Psychogeriatric Society, Japan Psycho-Oncology Society. The Japanese Psychological Association, Japan Primary Care Association,

Plans for the future expansion or development  
of this initiative

1st stage: Revision of the CSPI



2nd stage: Strengthen high-risk group approach in  
the community



3rd stage: integrate the community mental health  
services into society

## Thanks to

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