Partnerships for Community Mental Health
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Korea

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Bridging of Mental Health and Culture : Realize the cultural sensitivity within community

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Culture: Value and Belief

- Culture consists in patterned ways of thinking, feeling, and reacting, acquired and transmitted mainly by symbols, constituting the distinctive achievement of human groups.

(Kuluckhohn, 1951)

Evolvement of culture

(Christopher Chung 2004)
Why culture?

- Human beings are fundamentally, thoroughly cultural creature.

- Practice of medicine and healing arts, (diagnosis, treatment) are most significantly influenced by sociocultural factors.

(Chung 2004, PRCP)

Culture and Mental Health

- Cultural Relevance Model
  - : most people have their own cultural model to preserve social atmosphere.

- Mental Health : Surgeon General’s Report
  - 1999 : first ever report on mental health in US
  - One year later, they revised the original version, adding on another chapter “CULTURE”.

- Keystone of Italian Mental Health Reform
  - It is also found in mental health reform in Korea
Two ways on understanding culture

• Etic Approach
  ▫ Objective way to understand our own culture
  ▫ Using the standard guideline from external culture

• Emic Approach
  ▫ Subjective way
  ▫ Using Independent value system
What’s the Globalization?

- Etic view
  - Osmosis of ideas, value system, and information
  - Free Communication between countries
- Emic view
  - Great gap between development
  - Collapse of pre-existing structures
  - *It is absolutely advantage to big country like US and China.*
  - *Think again and again about globalization*

Globalization and Culture

- Osmosis of culture
  - Loss of our own emic view

- However, it also provides the recognition of human rights within community

- It has a potential for growth ‘self-help’ group

- The Great Power from globalization makes us alert and self-awareness on our own culture.
Capitals and Globalization

• Economic Capital

• Human Capital: decreasing competitive power in Korea

• Social Capital: decreasing with rapid Globalization - but this is the most important factor for future wealth of nation.

Mental Health Day: 4th April

/upload.png
G-Mind Mental Health
: Theatre Festival since 2007

Theatre Festival
2011
G-mind Mental Health Art Festival

“Draw, the Happiness”

- Themes: Happiness
- Subject: Person with Mental Illness
- Time: 2011.4-2011.7
- Location:
G-mind  Mental Health Art Festival

김 정준_웃음

김 민준_시간의 전망대

여주센터 공동작품_황금불고기
G-mind Mental Health Art Festival

G-mind Mental Health Art Festival
First Prize in 2011

Little Prince and Hope Village
(www.mindsave.org)
: suicide prevention
Even though

- OECD or WHO's Recommendations are superior and appropriate

- We have to understand according to the each nation or cultural relevance for mitigating mental illness stigma

- We are going to Korean methodology, comparing other countries' development.
## Differences of culture ???

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## Considerable things

- We have to be proud of our own value.
  
  **Realize the cultural sensitivity within community**

- We need balance between Etic and Emic view of our culture. There are no complete systems of Mental Health in the world

- Cultural relevance is the most important thing in community
Having a good heart is better than having a good brain.

Having a good hand is better than having a good heart.

But, having a good hand cannot top having two good feet.
Affection is better than just observation, practicing solidarity is better than just affection.

But, equality in standpoint is better than just practicing solidarity.

**Equality in standpoint.**
This is the supreme form of a human relationship.