



AAMH
Asia Australia Mental Health

Partnerships for Community Mental Health

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Malaysia

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Community Mental Health Services in Malaysia 2011

Chin Lee Toh
Malaysia



Services in Malaysia

- Provided by MOH, Universities, private sector
- MOH – hospitals vs public health
- Community psychiatry services – mainly via hospitals in MOH → hospital-based community psychiatry teams

Hospital-based community psychiatry teams

Site: as near as possible to psychiatric hospitals and general hospital psychiatric units.

Service operations: at home as much as possible or nearest home (e.g. nearest clinic etc)

Education to patients on aspects of illness, medication adherence, ADL, early warning signs etc

Family education

Help with getting jobs (may liaise with job placement services of hospital)

Collaborate with key local figures e.g. village leaders etc

Hospital-based community psychiatry teams - 2

Assertive Community team

Acute home care

Follow up of Level 1 and 2 patients

Outcomes

- Increased patient and family satisfaction
- Increased quality of care
- Increased compliance
- Reduction in relapse
- Reduction in admissions
- Less congestion in hospitals

Mental Health Act 2001

- ▶ **Passed** : **Sept 2001**
- ▶ **Royal Assent** : **6 Sept 2001**
- ▶ **Gazetted** : **27 Sept 2001**
- ▶ **Enforced** : **15 June 2010**
- ▶ **Contents** : **12 Parts**
: **94 Sections**

MHA 2001 : Care in Psychiatric Facilities

- M.O./ R.M.P., preferably psychiatrists to provide care
- Services available at all times
- Patient care plan is individualized
- Geriatric patients or minors placed in appropriate facilities to prevent physical or emotional harm.
- Discharge from Psychiatric hospital care of relative with referral and medicines.
- May be discharged care of self from Psychiatric hospital if approved by psychiatrist.

Community Mental Health Team

Every Psychiatric Hospital or C.M.H.C. must provide C.M.H. team

- Multidisciplinary
- Led by M.O./ R.M.P. or Psychiatrist
- Provide comprehensive mental health service
- Register of patients

Challenges

- Implementation in stages
 - Community mental health centers under the charge of all state and major specialist hospitals
 - Psychiatric nursing homes under the charge of all state hospitals
- Ensure compliance to all aspects of the law

Thank you

